

Fig.187 Screenshot showing me experiencing the sun as it rises after spending a night driving to my native alps. To some degree the project gave me balance between spending time in the wilderness and with my family. Having limited my socializing to my family and children I became like a hunter-gatherer focusing on his ecology.

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To some extent I came to believe that the weather under our celestial vault corresponds to the actual heat we generate in our head. Under our cerebral vault we as humans are getting too overworked by all the brainy requirements of our digital age. I have often speculated that perhaps by cooling our mental state, the temperatures of our planet might decrease. Interestingly it is to be noted that in the many deluge myths spread around the globe the flood was sent because humans were being too noisy. While they did not commit any particular sin, the human victims of the great deluge were simply disturbing mother nature. Perhaps then a more silent and less hectic and technology driven approach to life can be more self-preserving. My life-project and my attitude to it can serve as an example. It is because of it that I have become more caring for my ecology. Caring for my project and caring for my family and its immediate surrounding goes hand-in-hand. Not only do I gain much positive energy in dealing with my project but also my whole self is fully extended into my immediate environment where I daily conduct my hunting and gathering of data. I don't do it to get richer and become famous and more powerful. I perform my project to stay connected to both our humanness and the environment.