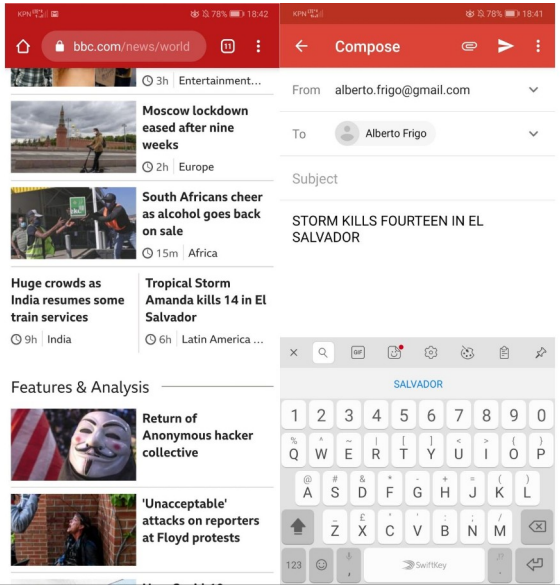


Fig.143 Screenshot showing the news as they appeared on one of my old smartphones. If I find casualties I write an email to myself and the next day I paste it on the braille document I use as part of this work. Over time the emails I send to myself as a way to communicate between my phone and my computer, became the only emails I receive.

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Making it a point not to get lost in scrolling the posts of whatever platform, I began to replace the need for reading news about living people with reading news about dead people. From the beginning I have started to read any kind of memoir that came in my hand. Reading these memoirs I have started to develop a more profound idea of history. I have understood that the planet was inhabited by healthy societies that coexisted with their natural surroundings. The so-called civilizations enslaved these societies and forced them to adapt their pyramidal system with the catastrophic consequences that the adoption of this system brought to humanity as well as to the planet. If reading the world news I can daily confirm this fact, the greatest urge in my life is to learn whatever it is left to learn from indigenous societies. The greatest commitment in my daily life is to read accounts on these people and try to apply what I learn to my own little tribe. Of course we also have to be part to the pyramidal system but my effort is to bring the ecological dimension back into our family life. Whenever we can we are back in the woods hiking and forgetting for a time what my children and my partner have to comply with during their working days. In this respect my addiction to be informed became useful.