

Fig.101 Picture taken by my left hand as part of my photographic record of activities based on the objects used by my right hand. This picture in particular shows me recording my thoughts with a dictaphone. I have been using dictaphones until I actually got a smartphone ten years into my project. Most of the time I keep my phone off and use it for my project.

THOUGHTS 05

My recording of thoughts emerged from my dissatisfaction with overly-regulated environments. While in my life I always sought an intimate relation with nature and with her local society, ultimately I have come to recognize top-down administrations as the disruption of such a poetical but also ecological and self-sustainable form of living. Originally I intended to combine each of my thought with a video of the social surrounding. I wanted to enhance my poetic commentary with alienating scenes from our day-to-day life. Later I opted to keep the two media apart and enable a more random type of juxtaposition in for example an exhibition setting where what one hears and what one sees can create interesting and unwanted combinations. Generally speaking my recordings express a negative consideration of the artificial surroundings; they emphasize the necessity to get more intimate and loveful by recovering our long forgotten humanness. My considerations are in line with Stoicism, Transcendentalism, Tolstoyanism, Taoism and other Libertarian philosophies stressing the need for humans to act according to nature and without any artificial schemes imposed over her. Ultimately I am inspired by our hunter-gatherer ancestors who cultivated nothing but their own mindfulness.