

Fig.098 Picture showing me at the age of twenty with my first digital dictaphone. It was recording my thoughts after walking down a dangerous slope in my native alps. In the first recordings my thoughts were fueled by the risks I was taking in my outdoor adventure. They were recorded in Italian and I was not yet able to synthesize my thinking.

## THOUGHTS 02

I began recording my thoughts at an early age using booklets and later experimenting with the first digital dictaphones appearing on the market. These dictaphones were mostly for interviews and made use of the old .MSV audio file format. The latter format was developed by Sony but was later dismissed and as a result I was not able to recover these recordings made prior to the project. Initially my first recordings were a way for me to register my stream of thoughts. Coming of age, I have been very prolific especially in my early adventures biking across the Italian peninsula or around the Peloponnese coast. On these occasions I had limited access to my physical notebook and the use of a dictaphone came at hand. Already at that time I was experimenting with the first digital technologies keeping track of my mental proliferation while on the move and feeling most inspired. Especially when biking, having my hands occupied stirring but feeling the urge of recording my thoughts I went as far as placing a pouch in the back of my bike with inside a battery and outside a solar panel to recharge it. I had a miniature camera attached on my forehead so that I could at the same time record my thoughts and show what I was referring to in real life. This was years before the first action cameras came out.