

Fig.013 Screenshot of a month of dreams. Notice how the length of each line corresponding to a dream is approximately the same. At the beginning I was not paying attention to this but the length emerged over time. Originally also the line height between each dream was reduced so that the final result would be a cubic publication of 43,2 by 43,2 by 43,2 centimeters.

DREAMS 01

Every day I remember approximately 3 dreams. This amount can actually vary from 1 to 12 dreams according to how regular my day was. The more a day is regular, the more I dream. By regular I mean that I did not do anything extraordinary and I have been rather homey going to bed at the usual hour keeping my brain rather empty without any night work or watching of a screen such as my laptop, or the television or my smartphone. According to my equation then, the less are the events I experience during the day, the more eventful are my dreams or at least those I can remember. On the other hand however if during the day it is for example too rainy outside and I cannot go for my usual walk, I don't get too sleep so well and certainly not so long. As a result during these days I remember only 1 dream. Generally then I can claim that on average every month I write approximately 100 dreams. I do so in a 45 by 60 centimeters page of a book which at the end of the project in 2040 will comprise 43.200 dreams, making it perhaps the largest dream diary a person has ever recorded. Additionally there are no recurrent dreams in my record, making it even more diverse. The more frustrating dreams however are rather similar and are often about loosing a plane or unable to fill in a form.