

Fig.002 Picture of the camera model I use to track my activities. By using it everyday the camera comes to look more like an arm cast where things are applied to it like the signatures of friends. In my case I just put the stickers I find like the one of some strawberries I bought in a tiny village after having walked kilometers across the English countryside.

ACTIONS 02

Since the beginning of my photographic work I followed 3 rules to help me identify when it is time to photograph. One can argue that rules are a rather dogmatic approach in the creative process of individuals but for me the problem was rather the opposite. My life has been a really prolific one and too many were the things I wanted to remember. As a young man I was too excited about learning all the various techniques of being able to live my own life and eventually become self-sustainable. These rules then were a key in creating a sort of testimony of this coming of age. They are as follow: *1. During a life-event every object the dominant-hand uses is photographed once and while used; 2. If an object of the same type is the following item to be used, this object is not photographed unless the life-event changes; 3. A life-event changes as soon as the dominant-hand uses a different object in a different space.* Adhering to the above rules I don't have to think when or when it is not time to photograph. It just comes to me as more natural to employ the left hand to photograph the right hand using object, a left hand that is otherwise idle. For this reason I began to identify objects as whatever is graspable, independent and consistent so no door handles and clothes but mostly tools marking my activities.